

Fire, flood and flu emergency guide

GET ready for the unexpected – that's the message to Tamworth people from the county's Civil Contingencies Unit, which this week has issued guidelines on how to prepare for major unforeseen emergencies.

The unit has just issued a practical guide for people to help them be prepared if they have to leave their homes or places of work at short notice due to situations such as flooding, fire or even a 'flu pandemic.

Advice in the latest guide includes a list of basic necessities people are encouraged to keep in a bag in an easily-accessible place, such as foil blankets, waterproof candles and matches, a wind-up torch, sleeping bags, first-aid kit and toiletries.

Download the guide from www.staffordshireprepared.gov.uk or call the Civil Contingencies Unit on 01785 898618 to get your copy of the information through the post.

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